

Food Allergens and Processed Ingredient List

Last updated 3/28/2011

Product	Soy	Eggs	Wheat/ Gluten	Milk/ Lactose	Nuts/ Seeds	Fish/ Seafood	verified
	*Contains Soy Oil	*Processed in a facility that contains	*Contains ingrdr that may have gluten	*May contain	*Processed in a facility that contains nuts		
Bread/Grain:							
16" Pizza Crust, Rich's	X*	X*	X	X*			X
7" Pizza Crust, Rich's	X*	X*	X	X*			X
Cheese Pizza, Red Barron	X*		X	X			X
Pizza Sausage Breakfast, Tonys			X				
Cheese Pizza, Comm	X*		X	X			X
French Stick, Dough, Rich's	X	X	X				X
Soft Bread Stix, US Bakeries			X				X
Bread, Sliced, US Bakeries	X		X	X			X
WW Tea Roll, US Bakeries	X*		X				X
Wheat Pullman, US Bakeries	X		X	X			X
Kaiser Roll, Wheat, Rich's	X*	X	X	X*	X*		X
4" Hamburger Bun, WW, US Bakeries	X*		X				X
4" Hamburger Bun, MG, US Bakeries	X*		X				X
Hamburger Bun, Sara Lee	X		X				X
Hoagie, WW, Rich's	X*	X	X	X*	X		X
Hoagie, Enriched, Rich's	X*	X	X	X*	X		X
12" Sub Roll, US Bakeries	X*		X				X
Hot Dog Bun, WW, US Bakeries	X*		X				X
Dinner Roll US Bakeries	X*		X				X
Finger Buns, US Bakeries	X*		X				X
Lasagna Noodle			X				X
Rotini Noodle, MG (Comm)			X				X
Penne Rigate Pasta, Labella			X				X
Elbow Noodle, WW, Arezzio		X*	X				X
Egg Noodle, Labella		X	X				X
Fettucine Noodle			X				X
Spaghetti Noodle, WW (Comm)			X				X
Pad Thai Noodle							X
Rice, Mexican Fiesta, Uncle Bens	X						X
Rice, Calrose, Nikonik							X
Rice, Brown, PRODUCR							X
Rice, Brown, Uncle Bens							X
Tortilla, 8" WW	X*		X				X
Tortilla, 10" WW	X*		X				X
Tortilla, 12" Tomato Basil, Block & Barrel	X*		X				X
Tortilla, 12" Spinach Herb, Block & Barrel	X*		X				X
Tortilla Chips, Tostintos	X*						X
Tortilla, 10" Flour, Casasol	X*		X				X
Taco Shell, 5", Casa Solana							X
Pita Bread, Kuzina	X*		X	X			X
Chow Mein Noodles, La Choy	X*		X				X
Cookie, Sugar, Otis	X	X	X		X		X
Cookie, PB, Otis	X	X	X	X	X		X
Cookie, Chocolate Chip, Otis	X	X	X	X	X		X
Goldfish Crackers, Pepperidge Farm	X*		X	X			X
Dough Roll, Cinn Sweet, Rich's			X		X		
Cinn Streusel Cake Mix, GM	X	X	X	X			X
Croutons, Cube, Seasoned	X*		X	X	X		X
Pretzels, Rold Gold			X				X
Giant Soft Pretzel			X				X

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Meat, Cheese, Dairy, Eggs:							
Chicken Nuggets, Pilgrim's Pride	X	X	X	X			X
Chicken Nuggets, Gold Kist Farms	X	X	X	X			X
Chicken Nuggets, Pierre	X		X	X			X
Chicken Teriyaki, Out of the Shell	X		X				X
Whole Grain Turkey Corn Dog, Foster Farms	X	X	X				X
Breaded Chicken Patty, Pilgrim's Pride	X	X	X				X
Breaded Chicken Patty, Zartic/Z-Bird	X	X	X	X			X
Fajita Chicken Strips, comm	X		X*	X			X
Turkey Roast, comm							X
Turkey, Sliced, comm							X
Turkey Breast Sliced, Foster Farms							X
Pepperoni, Sliced	X						X
Turkey Ham, Sliced							X
Turkey Frank, Jennie-O							X
Turkey Sausage Patty	X						
Beef Patty, Pierre	X						X
Beef, Honey Rib Patties w/ sauce	X		X	X			X
Beef Crumbles, Comm	X						X
Beef Taco Filling, Pierre	X						X
Beef Teriyaki Dippers	X		X				X
Beef Meatballs, Pierre	X	X	X	X			X
Beef Meatballs, Zartic	X	X					X
Beef Ravioli, Sysco	X		X	X			X
Sliced Pepperoni, Conagra							X
Bean and Cheese Burrito, Windsor	X*		X	X			X
Beef and Bean Burrito, Casasol			X				
Bean and Cheese Burrito, B/Boy		X	X				
Sloppy Joe, BBQ sauce with Beef, Pierre	X		X				X
Tuna, Empress						X	X
Tuna, Chicken of the Sea	X					X	X
Trout, Rainbow, PORTBTY	X	X	X	X		X	X
WG Breaded Pollock, Comm	X	X	X			X	X
Pork/Veg Eggroll	X	X					X
Pork Sausage Patties, Farmland							X
Pork Sausage Patties, EMBER							X
Pizza Stick, CHFAMER	X	X	X	X			X
Pork Pizza Topping	X						X
Bacon Bit, Farmland							X
Cheese, American sliced, Comm	X			X			X
Cheese, Swiss sliced, Schrber	X			X			
Cheese, Cheddar shredded, Conagra	X*			X			X
Cheese, Mozzarella shredded, CTYLINE				X			X
Mozzeralla string cheese				X			X
Cheese, Parmesan shredded, ctyline				X			X
Cheese, Ricotta			X*	X			
Cheese, Cottage 4% & 2%				X			
Cheese, Cream, Philadelphia				X			X

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Last updated 1/19/2011

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Meat, Cheese, Dairy, Eggs:							
Egg Patty	X*	X		X			X
Eggs, Hard Boiled		X					X
Eggs, Liquid		X					X
Sour Cream, WHLCLS			X*	X			
Margarine, GLDNSWT	X*			X			
Yogurt, Crush Cup			X*	X			X
Yogurt, Strawberry Parfait Pouch, Yoplait				X			X
Yogurt, Raspberry Trix, Yoplait				X			X
Yogurt Vanilla Parfait Pouch, Yoplait				X			X
Yogurt, Strawberry/Banana, Yoplait				X			X
Yogurt, Yami				X			X
Dry Milk, Packer				X			
Milk, Chocolate, Vitamilk			X*	X			X
Milk				X			X
Produce, Frozen/Canned/Dry: Only ones containing allergens are listed							
Oven Shoestrings, stealth, Conagra			X	X			X
Sweet Potato Fries			X*				X
Potato Fry, shoestring, McCain	X*						X
Potato Fry, spiral, McCain	X*		X				X
Potato Pearl, Excel w/skins, basicam				X			X
Crinkle Fries	X*						
Potato Wedges							X
Hash Brown Patties, Ore Ida	X*						X
Applesauce							X
Pears, diced							X
Beans, Kidney							X
Beans, Refried, Hart Brand							X
Mashed Potatoes, Sysco				X			X
Condiments:							
Turkey Gravy, Knorr	X*			X			X
Beef Gravy, Knorr	X			X			X
Chipotle Sandwich Sauce, Hellman							
BBQ Sauce, Ken's			X*				X
Blue Cheese Dressing, Hellman	X*			X			X
Caesar Dressing, Ken's	X*			X		X	X
Sesame Oriental Dressing, Kens	X						X
1000 Island Dressing, Kens	X*	X					X
Italian Dressing, Lite, Sysco	X*						X
Hummus, Kuzina	X*		X*				X
Ketchup, Red Gold							X
Mayonnaise, Reduced Calorie	X*	X	X*				X
Mustard, French's							X
Pickles							X
Ranch, Ken's	X*	X		X			X
Ranch, Hidden Valley	X*			X			X
Salsa, Red Gold			X*				X
Pancake Syrup							X

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Spices/Seasonings & Baking Ingredients, Oil: Only ones containing allergens are listed							
Lemon & Pepper Seasoning Salt							X
Flour, All Purpose			X				X
Olive Oil 80/20 Blend	X*						X
Pan Spray	X*						X
Sauces, Bases, & Flavorings:							
Chicken Base, Lastres	X		X	X			
Beef Base, Knorr	X		X				X
Vegetable Base							
Enchilada Sauce, Casasol			X*				X
Alfredo Sauce Mix, TRIO							
Alfredo Sauce Mix, Knorr	X*		X	X			X
Alfredo Sauce Mix, Pioneer	X*	X*	X	X			X
Cheese Sauce, Jalepeno, Gehl			X*	X			X
Cheese Sauce, Nacho, Casasol				X			
Cheese Sauce, LEGOUT	X*			X			X
Orange Sauce, Minor	X		X				X
Pizza Sauce, Red Gold							X
Soy Sauce, KIKOMAN	X		X				X
Spaghetti Sauce, Red Gold-Low Sodium	X*						X
Marinara, Angela Mia							X
Sweet & Sour Teriyaki Sauce, Starpor	X		X				
Teriyaki Sauce, kikoman	X		X				X
Crushed Tomatoes							X
Diced Tomatoes							X
Tomato Sauce, Spaghetti	X*						X
Tomato Paste							X
Chili con carne, with beans (Libby's)	X		X*				X
Chicken Noodle Soup, Campbells			X				
Cream of Mushroom Soup, Campbells	X		X	X			X
Tomato Soup, Campbells			X				X

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Premade Breakfast Entrees:							
French Toast, Cinn. Swirls, BKRSCHLS	X	X	X	X			X
Pancakes, Whole Grain	X*	X	X	X			X
Cherry Fruit Turnover-WG	X*		X				X
Apple Turnover	X*		X				X
Omelet (Comm)	X*	X	X*	X			X
Breakfast on a Stick	X	X	X				X
Waffle	X		X	X			
Breakfast Breads:							
Blueberry miniloaf		X	X	X			X
Sliced Bagel, Block & Barrel		X*	X				X
Biscuit, Buttermilk, Pillsbury	X*		X	X			X
English Muffin, MPLHRST	X*		X				
Super Chocolate Donut	X	X	X	X			X
Texas Toast	X		X	X			X
Cereals:							
Oatmeal, Cinnamon & Spice			X*				X
Oatmeal, Original			X*				X
Oatmeal, Apples & Cinnamon			X*				X
Oatmeal, Maple Brown Sugar			X*				X
Raisin Bran			X				X
Frosted Mini Wheats			X				X
Crispex	X						X
Cheerios			X				X
Rice Krispies							X
Kix							X
Steel Cut Oats, Bob's Red Mill			X*				X
Granola, Bob's Red Mill			X*				X